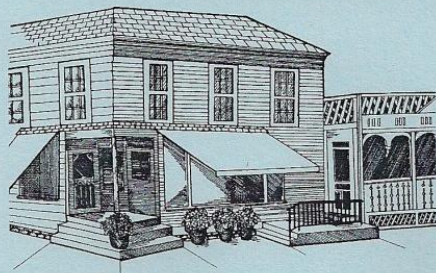


WELCOME TO



Pumpernickel's

202 Butler St.
Saugatuck, Michigan
269-857-1196

Breakfast, Lunch, Dinner,
Bakery and Cocktails.

Turkey Breast

1. Turkey Breast with Swiss Cheese
2. Turkey Breast with Cheddar Cheese
3. Turkey Breast with Provolone Cheese
4. Turkey Breast, Bacon and Swiss Cheese
5. Turkey Breast, Bacon and Cheddar Cheese
6. Turkey Breast Alone
7. Turkey Breast, Swiss Cheese and Coleslaw

Baked Ham and Bacon

20. Baked Ham
21. Baked Ham and Swiss Cheese
22. Baked Ham and Cheddar Cheese
23. Baked Ham, Turkey, Swiss, and Slaw
24. B.L.T.

Roast Beef

30. Roast Beef
31. Roast Beef and Cheddar Cheese
32. Roast Beef and Swiss Cheese
33. Roast Beef, Turkey and Swiss Cheese

Pastrami

40. Pastrami alone
41. Pastrami and Swiss Cheese
42. Pastrami, Swiss Cheese and Kraut
43. Pastrami, Swiss Cheese and Cole Slaw
44. Pastrami, Corned Beef and Swiss Cheese

Corned Beef

50. Corned Beef
51. Corned Beef and Swiss Cheese
52. Corned Beef, Pastrami and Cole Slaw
53. Corned Beef, Swiss Cheese and Kraut

White Meat Chicken Salad Sandwiches

60. Chicken Salad
61. Chicken Salad and Swiss Cheese
62. Chicken Salad and Cheddar Cheese

Albacore Tuna Salad Sandwiches

70. Tuna Salad
71. Tuna Salad and Swiss Cheese
72. Tuna Salad and Cheddar Cheese

Vegetarian and Meatless

80. Lettuce, Tomato, Swiss Cheese
81. Lettuce, Tomato, Swiss Cheese and Slaw
82. Lettuce, Tomato, Swiss, Cheddar and Slaw
83. Lettuce, Tomato, Swiss and Cheddar Cheese
84. Lettuce, Tomato, Swiss Cheese and Onion
85. Lettuce, Tomato, Swiss, Onion, Green Pepper

Name _____

Item _____

Bread Choice _____

Dressing Choice _____

Beverage _____

Welcome to Pumpernickels

All sandwiches are served on fresh bread baked right here on premises. Your choice of Pumpernickel, White, Light Rye with Caraway, Sour Dough, Cracked Wheat, Tomato Basil Tortilla wrap or Today's Bagel. All sandwiches are served with Potato chips, lettuce, tomato and a kosher pickle. (Condiments are served on the side unless requested). Lunch served daily from 11:00 a.m. (Breakfast served anytime)

Salads Organic Field Greens

Organic greens served with a freshly baked muffin. Dressings: Raspberry, Caesar, Greek, Italian, 1000 Island, Light Italian, Blue Cheese, Balsamic, French., All dressing served on the side

- 1/2 Cantaloupe filled with Chicken Salad
- 1/2 Cantaloupe filled with Tuna Salad
- Chicken Breast Raspberry
- Chicken Breast Caesar
- Greek Salad (meatless)
- Caesar (Organic Greens)
- Tuna Salad on organic greens
- Chicken Salad on organic greens
- Spinach, Mushroom, Egg Bacon Dressing
- Chicken Salsa, Black Beans, Salsa
- Green Pepper, Onion and Cheddar Cheese
- Cobb Salad, Blue Cheese, Avocado, Bacon, Tomato seasonally available

From the Grill

Your choice of either 1/2 pound of Ground Round Beef or you may substitute beef for a "Garden Burger" served on a freshly baked kaiser roll with lettuce, tomato, sliced onion, potato chips and a kosher pickle spear. (carbohydrate conscious substitute chips with cottage cheese) "Ask your server about menu items that are cooked to order. Consuming undercooked meats or eggs may increase your risk of foodborne illness."

- Plain Burger
- Swiss Cheese Burger
- Cheddar Cheese Burger
- Swiss and Cheddar Cheese Burger
- Feta Cheese Burger
- Fried Onion Burger
- Salsa and Cheddar Cheese Burger
- Blue Cheese Burger
- Bacon Cheddar Cheese Burger
- Mushroom Swiss Cheese Burger
- Canadian Bacon and Blue Cheese Dressing
- Patty Melt or grilled pumpernickel

Special Grilled Sandwiches

- Grilled Chicken Breast on a Kaiser Roll
- Grilled Swiss and Cheddar Cheese
- Corned Beef Reuben on Pumpernickel
- California Reuben, Turkey, Swiss, Slaw
- Turkey Breast Reuben on Pumpernickel
- Chicken Quesadilla
- Chicken, Bacon, Mushroom Quesadilla
- Vegetable Quesadilla
- Cheese Quesadilla
- Veggie Ruben
- Perch Sandwich
- Chicken Caesar Wrap

Combos and Soups

- 1/2 Turkey Sandwich and Cup of Soup
- 1/2 Turkey Sandwich and Organic Green Salad
- Today's Freshly Made Soups

Kids Menu

- (10 years and under please) \$4.75 Any Selection.
- Served on freshly baked white bread with a kosher pickle.
- Grilled American Cheese; 1/2 Turkey Sandwich;
- 1/2 Ham Sandwich; Peanut Butter & Jelly

Breakfast (served anytime)

Omelettes
Ham & Cheddar, Ham & Swiss, Western (bacon), Denver (ham), Spanish, Vegetarian, Tomato & Feta.
Don't see it? Ask, if we have it, we will be happy to make it for you.
Served with potato casserole and a buttermilk biscuit.

Quiche Lorraine
Served with a fresh fruit cup and a buttermilk biscuit (Saturday and Sunday Only)

French Toast;
Our special cracked wheat bread grilled golden brown and served with warm Syrup

Huevos Pumpernickel
Special tomato basil tortilla filled with scrambled eggs and sausage topped with salsa and cheddar cheese

English Scramble
Butter Croissant filled with scrambled eggs topped with cheddar cheese and Hollandaise sauce

English Scramble with Bacon
Butter Croissant filled with bacon and scrambled eggs topped with cheddar cheese and Hollandaise

Denver Scramble
Green pepper, diced ham and onion served atop a buttermilk biscuit topped with Hollandaise and cheddar cheese

Eggs Jenny
Buttermilk Biscuits topped with scrambled eggs and diced ham topped with cheddar cheese and Hollandaise sauce.

Huevos Rancheros
Seasoned flour tortilla filled with scrambled eggs topped with fresh salsa and cheddar cheese

Eggs Benedict
Grilled English muffin topped with Canadian bacon, poached eggs and hollandaise sauce served with potato casserole

Eggs Benedict Almost
Grilled English muffin topped with tomato poached eggs and Hollandaise sauce served with potato casserole

Eggs Florentine
Poached eggs and fresh spinach on a grilled English muffin topped with Hollandaise sauce

Flap Jacks
Buttermilk flapjack served with warm syrup and whi butter (only served till NOON sorry small grill)

Two eggs
Served any style with a buttermilk biscuit

The Ordinary
Two eggs any style served with your choice of Ham, Bacon or Sausage. Served with buttermilk biscuit and potato casserole

Greek Wrap
Sausage, scrambled eggs, feta and spinach

Carbohydrate conscious...substitute potatoes with cottage cheese or sliced melon

Extras & Sides

- Potato Casserole
- Fresh Fruit Cup
- Strawberries
- Oatmeal; served with 2% milk and brown sugar on the side
- Bacon Strips
- Baked Ham
- Sausage Links
- Thick Sliced Toast (Pumpernickel, White, Cracked Wheat, Sour Dough, Light Rye with Caraway Biscuits and Sausage Gravy
- Cold Cereal

Beverages

- Coke Classic, Diet Coke, Hi C Pink Lemonade, Herbal and Non-Herbal Teas, Fresh Ground Coffee, Freshly brewed Unsweetened tea, Apple, Orange, Cranberry, Grape Fruit, Tomato, and V8 Juice, Espresso, Cappuccino, Cafe Latte, Coffees, Beer, Wine and Cocktails
- Smoothies

2010 prices subject to change due to market conditions
6/9/10